

University of Bristol Boat Club

BUCS Indoors Rowing

Championships



Photography

During this event it is highly likely that filming, photography and broadcasting may take place. By your presence at this event you grant permission for your likeness and voice to be included in pictures and / or on film, which may be used in promotional materials without compensation or credit.

Registration

Upon arrival, all competitors should report to the registration desks with their university card as proof of student status. When signing in, competitors must sign to declare they have no medical conditions that they believe the first aid team should know of. Otherwise, they must complete a supplementary form that will be passed on to first aid team.

Weigh-in

Weigh-in can be found in the medical room. Competitors should weigh-in wearing the minimum of a unisuit at least 30 minutes before their event. Following BUCS regulations, any competitor who does not make their weight by this time will still be able to race but they will not be placed. Their time will be listed at the bottom of the race category they entered, and also included in the open weight category results.

Warm up

Competitors are permitted to use the warm up ergs, bikes and stretching mats at any time. As soon as their designated erg becomes available, competitors may use this for warm up.

Racing

Competitors must be seated on their designated erg at least five minutes before the start of their race. Upon completion of the race, any competitor who requires medical attention should seek the attention of the first aid team. We ask that following all competitors have moved away from their erg at least five minutes before the start of the next race, unless they have a medical reason for being unable to do so.

We ask that all competitors clean any equipment used with the disinfectant spray provided.

Results

Results will be available on the display by the registration area as soon as possible following the race.